

Lunch/Dinner

Available from 11:00PM-11:00PM.

APPETIZERS

TECHNICAL FOWL 15.00

One pound of big meaty & juicy wings, seasoned to perfection; tossed in your choice of sauce or dry seasoning: Buffalo, BBQ, Garlic Parmesan, Honey Gold, Jerk, Lemon Pepper, or Courtside Signature Seasoning; also available plain

FLATBREADS 13.00

Sausage | Pepperoni | Cheese | Carnivore | Veggie

FOWL N OUT TENDERS 14.00

Hand-breaded chicken tenders served with honey mustard dressing & fries

FRIED GREEN TOMATOES 13.00

Golden fried green tomatoes topped with Remoulade sauce & Feta cheese

CHICKEN QUESADILLA 13.00

Grilled flour tortilla filled with seasoned grilled chicken,

peppers, & mozzarella cheese; served with sour cream & salsa

LOADED FRIES 14.00

Fries topped with cheese, bacon & Buffalo chicken

CHIPS & QUESO BLANCO 13.00

Tortilla chips served with our spicy white queso & salsa

SPINACH DIP 12.00

Creamy blend of spinach, parmesan cheese, & mozzarella cheese served with tortilla chips & salsa

GAMETIME

All sandwiches served with choice of side item.

THE DOUBLE CLASSIC 13.00

2 all beef patties, cheese, lettuce, tomatoes, pickles,

& grilled onions

Sub Turkey, Lamb or Beyond Patty Add 2.00

SALMON WRAP 17.00

Seasoned seared salmon, spinach, tomatoes, mushrooms, cheese & sweet chili sauce in a warm wrap

SEAFOOD POBOY 17.00

Your choice of fried shrimp or catfish with lettuce, tomatoes, red onion, pickles, & tartar sauce

BIG DAWG 12.00

Footlong 1/4 pound coney hot dog grilled & topped with warm chili & melty cheddar cheese in a warm bakery bun

Coleslaw & Pickle Relish available on request

PHILLY CHEESETAKE 15.00

Grilled steak of chicken with caramelized onions, lettuce,

tomatoes & cheese on a hoagie roll

MOTHER CLUCKER 15.00

Marinated chicken breast, your choice grilled or fried, with American cheese, bacon, Honey Gold Sauce, lettuce, tomato, pickle and onion

FRENCH DIP 15.00

Slow roasted roast beef & Swiss cheese on a hoagie roll with au jus sauce



Fat Well Salads served with your choice of dressing: Caesar, Ranch, Honey Mustard, Blue Cheese, Italian, Balsamic or Raspberry Vinaigrette

TURKEY CLUB FULL 14.00 | HALF 8.00

Oven roasted turkey, 2 slices American cheese, lettuce, tomato, & red onion, served on a hoagie sourdough bread roll

VEGGIE BOWL FULL 13.00 | HALF 8.00

Seasoned rice, avocado, black beans, corn, toma- Crispy Romaine lettuce, shaved parmesan, and toes, grilled onions & peppers; Also available as a wrap

CHICKEN BERRY SPINACH SALAD FULL

15.00 | HALF 10.00

Crisp greens, seasoned grilled chicken, feta cheese, candied pecans, strawberries, blueberries, with Balsamic vinaigrette

ADD PROTEIN TO ANY SALAD

Chicken Breast 3.00 Shrimp 7.00 Salmon Fillet 9.00

Kids Eat Well Menu

Available to ages 9 & under Served with choice of Garden Salad, French Fries or Fresh Fruit Medley

RED BIRD'S CHICKEN TENDERS 10.00

House made chicken tenders

GRIZZLEY'S GRILLED CHEESE

Double American cheese grilled between Texas toast slices & encrusted with three cheese blend.

BEALE ST. KID'S BURGER

Grilled burger topped with American cheese, lettuce, tomato & pickle

SHOW BOAT'S TURKEY BURGER 12.00

Grilled turkey burger topped with lettuce, tomato & pickles

FLATBREAD PIZZA 9.00

Choice of Pepperoni, Sausage or Vegetables

CATFISH DUNKS

Bite size Southern fried catfish

BIG BLTA FULL 12.00 | HALF 8.00

Thick cut bacon, lettuce, tomato, & avocado on

CAESAR FULL 14.00 | HALF 9.00

croutons tossed in creamy Caesar dressing

SOUTHERN FRIED CHICKEN SALAD

FULL 15.00 | HALF 10.00

Seasoned fried chicken (also available grilled) crisp greens,

tomatoes, hard boiled eggs, bacon, onions & shredded cheese

KIDS EAT WELL DRINKS:

for Children 10 years old & under only

STRAWBERRY & PINEAPPLEYOGURT SHAKE 7.00

GRIZZ SMOOTHIE 7.00

Make this smoothie your own by adding strawberries, bananas, blueberries or pineapples to a vanilla Greek yogurt base then add your choice of toppings from Raisin Bran, Frosted Flakes, Cheerios or Granola

FRUIT SMOOTHIE 7.00

A blend of strawberries, blueberries, bananas, orange juice and honey

KIDS EAT WELL DESSERTS:

for Children 10 years old & under only

STRAWBERRIES & CREAM 10.00 **CHOCOLATE COVERED BANANA** WITH ICE CREAM 10.00



Lunch/Dinner

MAIN EVENT

LOADED ALFREDO PASTA 22.00

Fettuccine pasta tossed in rich, creamy Alfredo sauce & topped with grilled chicken, bacon, seasoned mushrooms, & broccoli

Sub Shrimp 7.00 | Sub Salmon 9.00

JERK CHICKEN & SHRIMP PASTA 26.00

A vibrant & flavorful dish that marries the spicy, aromatic essence of Jamaica with Cajun cream sauce

BAYOU CATFISH 23.00

Blackened or fried catfish fillets served over seasoned rice & topped with Crawfish Etouffee

LEMON PEPPER SALMON 22.00

Herb seasoned salmon fillet topped with our signature lemon pepper blend, served with choice of one side

SHRIMP SCAMPI 26.00

Jumbo grilled butterflied shrimp, basted in parmesan garlic sauce served over seasoned rice with choice of one side

RIBEYE STEAK 32.00

12 oz. Ribeye steak grilled to perfection, served with choice of one side

HALF BBQ CHICKEN 16.00

Marinated half chicken slow cooked to perfection over wood smoke & basted in BBQ sauce, served with choice of one side

HONEY GOLD CHICKEN 18.00

Grilled seasoned chicken topped with sauteed mushrooms, crispy bacon, melted Monterey cheese and Honey Gold sauce; served with choice of one side

GRILLED CHICKEN DINNER 21.00

A timeless classic; grilled chicken breast with our special herb seasoning & served with choice of one side

FRIED CATFISH & SHRIMP PLATTER 23.00

Fresh catfish & shrimp breaded then fried to perfection, served with choice of one side Add 2 Stuffed Crab 4.00 | Add 4 additional Shrimp 6.00

COURT SIDES 4.00

Broccoli

Green Beans

Mashed Potatoes

Sauteed Mushrooms

Seasoned Fries

Seasoned Rice

Small Salad

Sweet Potato Fries



Indulge

Desserts

PEACH COBBLER EGG ROLLS 8.00

CHOCOLATE CHIP COOKIE A LA MODE 8.00

DONUT BREAD PUDDING 8.00

SPECIAL DESSERT—only when available

price varies

ADD A SCOOP OF OUR SIGNATURE VANILLA OR CHOCOLATE ICE CREAM

4.00

DOUBLE SCOOP 8.00