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Breakfast

Available from 6:00AM-11:00AM. Dial Service Express

FRENCH TOAST 16.00

Peach or Blueberry Cobbler

BELGIAN WAFFLE 13.00

With berries & whipped cream

BUTTERMILK PANCAKES 11.00

Three(3) pancakes, sweet cream butter & pure maple syrup. Add Chocolate Chip| Blue Berries +3.00

GRAVY BISCUIT 9.00

Smothered in gravy—your choice of plain or sausage

CROISSANT BREAKFAST SANDWICH 13.00

With eggs your way and your choice of breakfast meat and side

CRISPY CHICKEN BISCUITS 16.00

Two(2) fried chicken biscuits with peach preserves

BREAKFAST BOWL 15.00

Scrambled Eggs, Breakfast Potatoes, Cheddar Jack Cheese & Your Choice of Pork or Turkey Sausage, Smoked Pork Bacon, or Seasonal Veggies. Served with a side of a Buttermilk Biscuit or Toast.

SOUTHERN BREAKFAST 16.00

Two(2) eggs your way with your choice of pork or turkey sausage, smoked pork bacon, or seasonal veggies; choice of creamy grits or breakfast potatoes and choice of biscuit or toast

BUILD YOUR OWN OMELET 16.00

Three (3) eggs (whole or whites only) with your choice of one(1) bacon, pork or turkey sausage: Cheddar Jack Cheese; your selections from tomato, spinach, and jalapenos; choice of breakfast potatoes, fresh cut fruit or mixed green salad

Grits 8.00

Creamy grits made with dairy, served with honey butter

CRISPY FRIED CHICKEN & WAFFLES 20.00

All natural crispy chicken breasts, Belgian style waffle, & warm maple syrup



OUR SOURCING PROMISE

We actively seek out suppliers we trust to source ethical, sustainable and organic ingredients wherever possible.

Eat Well

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guest' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you. Available from 6:00AM-11:00AM. Dial Service Express

CEREAL

HALF 5.00 | FULL 10.00

Corn Flakes, Frosted Flakes, Cheerios, Raisin Bran with your choice of milk

OLD FASHIONED OATMEAL

HALF 7.00 | FULL 12.00

Brown sugar, strawberries, blueberries and raisins

AVOCADO TOAST

HALF 8.00 | FULL 13.00

Add Eggs (2) 4.00

Meatless Sausage 4.00

Salmon 13.00

CREAMY GRITS

HALF 4.00 | FULL 8.00

Made with dairy and served with honey butter

YOGURT & GRANOLA PARFAIT

HALF 7.00 | FULL 11.00

Fresh berries, Greek yogurt, and granola

JUICE

HALF 4.00 | FULL 8.00

Apple, Cranberry, Pineapple, Tomato

Beverages

COFFEE 4.00

TEA 3.00

Hot (English Breakfast, Earl Grey, or Green Tea) or Iced

FOUNTAIN DRINKS 3.00

Pepsi, Diet Pepsi, Dr. Pepper, Mountain Dew, Starry

MILK 3.00

NON-DAIRY MILK 5.00

BOTTLED WATER 5.00

Still or Sparkling

A La Carte

TOAST 4.00

BREAKFAST MEATS 5.00

MEATLESS SAUSAGE 7.00

BREAKFAST POTATOES 4.00

FRESH SALAD 8.00

FRESH BERRIES 10.00

A delivery charge of \$3.00 plus 20% gratuity and sales tax will be added to all room service orders. There is a 3.9% convenience fee to pay by credit card. All prices in U.S. dollars.

Consuming raw or undercooked meats, seafood, shellfish, eggs or poultry may increase your risk of food borne illness.

Westin Weekend

Weekends last longer at Westin hotels, with extended breakfast hours.** Whether you sleep in and slow down or jump-start your day with a Westin WORKOUT, you can dine at your own pace. **Extended hours Saturdays & Sundays until 3:00PM. Dial Service Express

CRISPY FRIED CHICKEN & WAFFLES 20.00

All natural chicken breasts, Belgian style waffle, & warm maple syrup

FRENCH TOAST 16.00

Peach or Blueberry Cobbler

YOGURT & GRANOLA PARFAIT 11.00

Fresh fruit, Greek yogurt, and granola

FRESH CUT FRUIT 8.00

Kids Eat Well Menu

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids. Developed with SuperChefs™ to make kids and parents happy. Dial Service Express

Breakfast

Available 6:00AM-11:00AM.

Available to ages 9 & under

BUTTERMILK PANCAKES 9.00

sweet cream butter & pure maple syrup. Add Chocolate Chip| Blue Berries +3.00

FRENCH TOAST 9.00

Peach or Blueberry Cobbler

OATMEAL 9.00

Brown sugar, strawberries, blueberries & raisins

YOGURT PARFAIT 9.00

Vanilla yogurt topped with strawberries, blueberries & granola

CEREAL 9.00

Choice of Raisin Bran, Cheerios, Frosted Flakes or Granola

OMELET 9.00

Two (2) egg (or egg whites) omelet with your choice of: pork sausage or turkey sausage, Cheddar or Monterey Jack, tomato or spinach

Lunch/Dinner

Available 11:00AM—11:00PM

Available to ages 9 & under

Served with choice of Garden Salad, French Fries or Fresh Fruit Medley

RED BIRD'S CHICKEN TENDERS 10.00

House made chicken tenders

GRIZZLEY'S GRILLED CHEESE 10.00

Double American cheese grilled between Texas toast slices & encrusted with three cheese blend.

BEALE ST. KID'S BURGER 12.00

Grilled burger topped with American cheese, lettuce, tomato & pickle

SHOW BOAT'S TURKEY BURGER 12.00

Grilled turkey burger topped with lettuce, tomato & pickles

FLATBREAD PIZZA 9.00

Choice of Pepperoni, Sausage or Vegetables

CATFISH DUNKS 9.00

Bite size Southern fried catfish

A delivery charge of \$3.00 plus 20% gratuity and sales tax will be added to all room service orders. There is a 3.9% convenience fee to pay by credit card. All prices in U.S. dollars.

Consuming raw or undercooked meats, seafood, shellfish, eggs or poultry may increase your risk of food borne illness.

Lunch/Dinner

Available from 11:00PM-11:00PM. Dial Service Express

WARM-UPS

SWINGMAN WINGS 21.00

Whole wings, seasoned to perfection; tossed in your choice of sauce: Buffalo, Lemon Pepper, Honey Gold, Honey Sriracha

901 POTATO SKINS 15.00

Baked potato shells filled with cheddar jack cheese, bacon, scallions, & served with a side of sour cream. Add Brisket 5

FRIED GREEN TOMATOES 13.00

Golden fried green tomatoes topped with Remoulade sauce & Feta cheese

BALLER BRISKET SLIDERS 19.00

Smoked brisket topped with smokey BBQ sauce, smoked Cheddar cheese, & fried onions

FULL COURT SAUSAGE & CHEESE PLATE 21.00

Kielbasa sausage, assorted cheese, pepperoncini peppers, & crackers served with a side of smokey BBQ sauce

FLATBREADS FULL|19 HALF|10

Pepperoni| Buffalo Chicken| Veggie| Margarita

SANDWICHES

All sandwiches served with fries.

80Z HAND PRESSED STEAK BURGER 20.00

Topped with American cheese, lettuce, tomato, shaved red onion & pickles served on a brioche bun (optional gluten free bread)

Sub Plant Based "Meat" or Chicken 18.00

JERK CHICKEN SANDWICH 20.00

Grilled chicken basted with Walkerswood Jerk seasoning served on a brioche bun with lettuce, tomato, Cheddar Jack cheese & our house made garlic aioli

OPEN FACE BRISKET SANDWICH 23.00

Slow smoked brisket, served over Texas Toast topped with Cheddar cheese, smoky BBQ sauce, fried onion straws & sliced pickles

VEGAN "HARD WOOD" WRAP (V) 14.00

Yellow, red & green peppers, onions, & heirloom tomatoes seasoned & sauteed in olive oil then wrapped in leaf lettuce & served with a side of balsamic vinaigrette & Mediterranean Couscous

VEGAN "BANK SHOT" BURGER (V) 18.00

Leaf lettuce wrapped Beyond Burger served with onion, tomato, & pickle with a side of Mediterranean Couscous

Eat Well

Salads served with your choice of dressing: Caesar, Ranch, Honey Mustard, Blue Cheese, Italian, Balsamic or Raspberry Vinaigrette

GAME DAY GARDEN SALAD FULL 13.00|HALF 8.00

Fresh spring mix, carrots, cucumber, Monterey Jack, & croutons

PREGAME GREENS FULL 18.00|HALF 9.00

Arugula, strawberries, sliced almonds, cucumbers, tomatoes, served with raspberry vinaigrette

GUARD'S GREEK SALAD FULL 18.00|HALF 9.00

Rustic spring mix & Romaine lettuce, tomatoes, cucumbers, roasted red pepper, Feta cheese, Kalamata Olives & Balsamic Vinaigrette

ADD PROTEIN TO ANY SALAD

Chicken Breast 9.00

Shrimp 10.00

Salmon Fillet 13.00

CORNERMAN'S COBB FULL 19.00|HALF 10.00

Crisp Romaine lettuce, diced egg, red onion, tomatoes, avocado, smokey bacon & feta cheese

CENTER CAESAR FULL 14.00|HALF 8.00

Crispy Romaine lettuce, shaved parmesan, and croutons tossed in creamy Caesar dressing

COACH'S CHOICE SOUP OF THE DAY FULL 13.00|HALF 10.00



OUR SOURCING PROMISE

We actively seek out suppliers we trust to source ethical, sustainable and organic ingredients wherever possible.

Lunch/Dinner

Available from 11:00PM-11:00PM. Dial Service Express

PASTA

CHICKEN ALFREDO PASTA 24.00

Penne pasta tossed in rich, creamy Alfredo sauce & topped with shaved Parmesan cheese

CAJUN SHRIMP PASTA 31.00

Blackened gulf Shrimp, blend of peppers served in rich, creamy Cajun spiced cream sauce. Served over a bed of penne pasta.

Add protein to any pasta

Chicken Breast 8

Shrimp 10

FROM THE SEA & POND

GRIT & GRIND 23.00

Cajun shrimp & creamy grits topped with catfish croutons & cornbread crumble

SOUTHERN FRIED CATFISH 32.00

Southern Fried Catfish served with warm honey cornbread, Collard Greens, and Smoked Gouda Mac & Cheese.

BOURBON GLAZED SALMON 35.00

Seared salmon topped with pineapple relish and a light bourbon glaze. Choice of 2 sides.

POULTRY

CHICKEN PARMESAN 26.00

Fried Chicken Breast served on a bed of penne pasta & marinara. Topped with mozzarella cheese, tomatoes & pesto

GRILLED CHICKEN PLATE 22.00

Served on a bed of skillet potatoes & grilled peppers

STEAKS & CHOPS

Grilled to perfection, served with Marti de butter & choice of 2 sides.

RIBEYE 14OZ 46.00

BEEF FILET 8OZ 55.00

NEW YORK STRIP 12OZ 44.00

BONE-IN PORK CHOP 10OZ 42.00

ENHANCEMENTS

Sauteed Mushrooms 4

Caramelized Onions 3

Grilled Shrimp 10

Oscar: Asparagus, Lump Crab Meat & Hollandaise Sauce 15

SIDES 9.00

Collard Greens

Slam Yams

Onion Rings

Sweet Potato Fries

French Fries

Smoked Gouda Penne N Cheese

Southern Mashed Potatoes

Sauteed Garden Vegetables

Grilled Asparagus

A delivery charge of \$3.00 plus 20% gratuity and sales tax will be added to all room service orders. There is a 3.9% convenience fee to pay by credit card. All prices in U.S. dollars.

Sleep Well Menu

Enjoy these nutritious selections 1-2 hours before bedtime to enhance your rest and enrich your well-being. Dial Service Express

PREGAME GREENS

HALF 9.00 | FULL 18.00

Arugula, strawberries, sliced almonds, cucumbers, tomatoes with raspberry vinaigrette dressing.

ADD PROTEIN

Chicken Breast 9.00

Shrimp 11.00

Salmon Fillet 13.00

TURKEY BURGER 18.00

Served with fries

GUARD'S GREEK SALAD

HALF 18.00 | FULL 9.00

Rustic spring mix & romaine, tomatoes, cucumbers, roasted red pepper, feta cheese, kalamata olives and balsamic vinaigrette.

YOGURT & GRANOLA PARFAIT 11.00

Seasonal fruit, vanilla yogurt, chef's honey and granola

Whether you're adjusting to a new time zone or recovering from your travels, restful sleep is the key to renewal. These selections are packed with amino acids, vitamins and minerals that promote sound sleep, including:

TRYPTOPHAN

Boosts serotonin production and enhances sleepiness

MELATONIN

Resets sleep-wake cycles, combating jet lag and improving sleep quality

Thiamin

Important B vitamin that helps improve sleep patterns

MAGNESIUM & POTASSIUM

Electrolytes often lost during travel that help promote sleep and prevent insomnia

FOLATE

Helps fight fatigue during the day and promotes sound sleep at night

SEROTONIN

Promotes relaxation and induces sleepiness



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Indulge

Desserts

CHOCOLATE ERUPTION 16.00

Rich chocolate cream cake studded with nuts, chocolate chips, turtle cheesecake & caramel

KEY LIME PIE 9.00

ACAI SORBET 9.00

ADD A SCOOP OF OUR SIGNATURE VANILLA OR CHOCOLATE ICE CREAM 4.00

DOUBLE SCOOP 8.00

KIDS EAT WELL DRINKS:

for Children 10 years old & under only

STRAWBERRY & PINEAPPLE YOGURT SHAKE 7.00

GRIZZ SMOOTHIE 7.00

Make this smoothie your own by adding strawberries, bananas, blueberries or pineapples to a vanilla Greek yogurt base then add your choice of toppings from Raisin Bran, Frosted Flakes, Cheerios or Granola

FRUIT SMOOTHIE 7.00

A blend of strawberries, blueberries, bananas, orange juice and honey

KIDS EAT WELL DESSERTS:

for Children 10 years old & under only

SEASONAL TROPICAL SORBET 8.00

STRAWBERRIES & CREAM 10.00

CHOCOLATE COVERED BANANA WITH ICE CREAM 10.00

Hotel Venues

The Blue Guitar

HOURS

Monday-Thursday 3:00pm-12:00am

Friday-Saturday 3:00pm-12:00am

Sunday 3:00pm-12:00am

Location

West of Front Desk

Gift Shop

HOURS

Monday-Thursday 24 hours

Friday-Saturday 24 hours

Sunday 24 hours

Location

East of Front Desk

In Room Dining

Monday-Thursday 6:00 am—11:00pm

Friday-Saturday 6:00 am—11:00pm

Sunday 6:00 am—11:00pm

Starbucks

HOURS

Monday-Thursday 6:00am-6:00pm

Friday-Saturday 6:00am-6:00pm

Sunday 6:00am-6:00pm

Location

Entrance on B.B King Blvd.

Exit Lobby turn left then turn left on B.B. King Blvd. and Starbucks will be on the left.

Courtside Grill

Hours: Main Dining Room

Monday-Thursday 6:30am-10:00pm

Friday-Saturday 6:30am-11:00pm

Sunday 6:30am-10:00pm

Hours: Lounge

Monday-Thursday 3:00pm-11:00pm

Friday-Saturday 3:00pm-11:00pm

Sunday 3:00pm-11:00pm

Location

East of Front Desk before the elevators